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# ذهن حواس جمع

چگونه افسار زندگی تان  
را به دست بگیرید

## یادداشت‌ها

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نیر ایال

ترجمه‌ی

فاطمه علی پور تنگسیری



آموخته



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# یادداشت‌ها

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## فصل ۳۵:

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